

FREE

Live and Interactive CME Satellite Broadcast

Designed for physicians, pharmacists, nurses, and psychologists

Bipolar Depression: Short and Long Term Aims for a Frequently Missed Target

Objectives

At the end of this educational activity, participants should be able to:

1. Cite the prevalence of bipolar disorder and frequency of misdiagnosis
2. Differentiate the symptoms of bipolar depression from unipolar depression
3. Examine the efficacies and risks of FDA-approved medications for bipolar disorder in the treatment of bipolar depression

Statement of Need

Bipolar depression is frequently under-recognized and frequently misdiagnosed as unipolar depression. Up to 60% of first episodes of bipolar disorder are depressive in nature. An 11-year prospective study indicated that 8.6% of unipolar depressed patients with no reported prior history of hypomania switched to bipolar II (developing hypomania).

Compared to unipolar depression, bipolar depression has a higher rate of morbidity and mortality. Bipolar depression is often characterized by more fatigue, psychomotor retardation, hypersomnolence, passivity, and a higher rate of suicide attempts. Bipolar disorder increases the likelihood of school truancy, occupational failure, and divorce. Accounting for 22-40% of all major depressive states, bipolar depression is more common in females.

Treating bipolar depression with antidepressants alone may induce treatment-resistance. In a National Institute of Mental Health study, 35% of patients with treatment-resistant bipolar disorder appeared to have developed their course in relation to chronic antidepressant use. Bipolar patients are generally recommended to maintain treatment with a mood stabilizer if placed on an antidepressant.

During this presentation, the efficacies and limitations of available mood stabilizers in treating bipolar depression will be examined. Available data concerning acute and maintenance treatment will be reviewed, examining the efficacies and risks in using these agents specifically for bipolar depression.

To Register:

Fax this form to

814-466-7509 OR

Call 800-326-9166

March 9, 2004

Eastern: 12:00 noon

Central: 11:00 a.m.

Mountain: 10:00 a.m.

Pacific: 9:00 a.m.

****This activity will rebroadcast at 3 p.m.**

Eastern time. Please adjust to your time zone***

PRESENTED BY:

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The University of Florida College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This activity is approved for 1 contact hour (0.1 CEU's) in states that recognize ACPE. To receive credit you must attend the entire session and complete the evaluation form. The University of Florida College of Pharmacy will provide statements of Continuing Education Credit within 4 weeks after the session. 012-999-04-010-L01



Distance Learning Network has been approved as a provider of continuing education in nursing by the Utah Nurses

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Distance Learning Network

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